

# Middle School Summer Explorations

## Rocket Exploration

**3, 2, 1.....Blast Off!** Get ready to construct, launch, and fly model rockets! Some model-building experience is helpful, but not required. What is required is some patience and a willingness to listen. You will build two Estes rockets following step-by-step written directions, along with some guidance provided by the instructor. Finally, we will judge the air-worthiness of each construction and fly those that pass inspection multiple times. The first rocket will be a basic design and the second will be slightly more involved. You should bring two empty 2-liter or 1-liter plastic bottles, which we will convert into rockets. You may keep the rockets you build and can continue to blast off even after camp is over. Join us for some explosive fun! Leader: Kevin McManus

## Fun with Photography Exploration

Join us while we explore as many darkroom techniques as we can fit into this full week of Fun with Photography! We will start with the basics, making pinhole cameras and photograms, move on to 35mm film, and wrap up with enlargements in the darkroom. (35mm camera and film required. Bring to camp each day!) Leader: Kelly Baisley

## Creative Writing Exploration

Get your creative juices revved! Writing does not have to be boring; spice it up with this week's camp. We will make a journal full of creative writings. There is no end to your imagination, so let's put as much as we can on paper. Wouldn't you love to see where your artistic ability can take you? Leader: Denise Limbo

## Tour de France Biking Exploration

Join the peloton for a fun week of cycling adventure. Learn to draft in a pace line, snack in the saddle, climb hills with ease, and sprint for the yellow jersey. Destinations will include the velodrome at Carrier Park, the newly-improved French Broad River Greenway, the quiet back roads of Biltmore Forest, and a local bike shop. Each young cyclist must bring a helmet and a bicycle that is in good working condition. Leaders: Andy Lammers and Joe Kirstein

## Science of a Superhero Exploration

Are superheroes using powers that are scientifically possible? Have you ever wanted to learn more about your superhero? This week will explore the science, history, and creators of many famous superheroes while you create your own comic strip with your own heroes or heroines. Leader: Julia Vaughan

## Mural Madness Exploration

What is a mural? You will go and see murals all around Asheville and then create your own! How many murals can you craft in a week? Join us for some colorful fun! Leader: Diane Strazzer

## Dynamic Drawing Exploration

Do you love to draw? Do you wish you knew some tricks to be a better artist? This is the place for you! You will learn sketching, contour drawing, shading, perspective, and other drawing techniques to create dynamic cityscapes, landscapes, animals and more. Get ready to let your imagination take you away! Leader: Martina Zinn

## Boys Wildcat Basketball

This camp is for the basketball player who would like to improve his individual game, as well as learn some of the systems that are used by the Wildcats of Carolina Day School. We will be working on individual skills such as passing, shooting, dribbling, and defense. Everyone who comes is sure to have a good time and improve his skills in basketball. Bring your basketball shoes, a water bottle, and come ready to have a good time! Leader: Coach Jake Southern

## Pink Poodles in Paris Exploration

Girls, come discover French fashion, food, and fun! We'll learn lots of French and celebrate all things poodle! Make your own Eiffel Tower jewelry for the Boutique de Bijoux, create a Parisian fashion show (Project Runway anyone?), strike a pose for a glam-girl photo shoot, design a French chateau fit for a princess, dance to French pop hits, and serve up delicious French specialties at your very own cafe. Leader: Diane Farrug

## Web Design Exploration

Do you love spending time on the Internet? Ever think that you might like to learn how to create your own websites? This quest will cover some of the ins and outs of web design, HTML and CSS—all the good stuff you need to know to begin designing a web site. You will design a basic website, which we will post to the Internet for all to see! Leader: Cyd Dawson-Smith

## Field Hockey Exploration

Have you ever wanted to learn a new sport? Well, this camp is for you! Field hockey is a great game played in America by girls and internationally by all. We will be learning the basics of the sport through fun and exciting drills. Sticks will be provided, so all you need is a mouthguard, shin-guards, and cleats. Come on out and discover this great sport. Leader: Coach Jake Southern

# Summer Programs at Carolina Day Registration

Name \_\_\_\_\_ Circle: M/F \_\_\_\_\_ Grade Entering Fall 2010 \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_

*Correspondence about Summer at Carolina Day will be via e-mail unless requested in writing.*

School \_\_\_\_\_ Birth date \_\_\_\_\_

Parent or Guardian \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_ Pager/Cell phone \_\_\_\_\_

T-Shirt Size - Circle:      **Child**   XS   S   M   L   **Adult**   S   M   L   XL   XXL

**Please make checks payable to Carolina Day School. Return registration, signed health report, copy of insurance card, and payment to: Summer Programs at Carolina Day School, 1345 Hendersonville Road, Asheville, NC 28803**

**Please place an X in the appropriate boxes.**

*Each week we have Early Bird from 8:00-9:00 AM for \$35, After-noon Fun from 1:00-3:00 for \$95, and High-Five from 3:00-5:00 for \$70. Please write in if you need any of these options.*

	<b>Time</b>	<b>Cost</b>
<b>June 14-18</b>		
<input type="checkbox"/> Rocket Exploration	9-1	\$215
<b>June 21-25</b>		
<input type="checkbox"/> Fun with Photography	9-1	\$165
<b>June 28 - July 2</b>		
<input type="checkbox"/> Creative Writing	9-1	\$155
<b>July 5-9</b>		
<input type="checkbox"/> Science of the Superhero	9-1	\$165
<input type="checkbox"/> Mural Madness	9-1	\$185
<b>July 12-16</b>		
<input type="checkbox"/> Dynamic Drawing	9-1	\$165
<input type="checkbox"/> Boys Basketball	9-1	\$150
<b>July 19-23</b>		
<input type="checkbox"/> Iron Kids!	9-1	\$155
<input type="checkbox"/> Pink Poodles in Paris	9-1	\$165
<b>July 26-30</b>		
<input type="checkbox"/> Web Design	9-1	\$155
<input type="checkbox"/> Field Hockey	9-1	\$155

**Total of all fees** \$ \_\_\_\_\_

**Early Registration**, 10% discount for enrolling and paying in full by April 9, 2010 \$ \_\_\_\_\_

**All-Summer**, Full-Time, 8:00-5:00, or Prime-Time, 9:00-3:00, 5% discount \$ \_\_\_\_\_

**Total due** \$ \_\_\_\_\_

Visa    Mastercard    Expiration Date \_\_\_/\_\_\_    Card Number \_\_\_\_\_

**Signature:** \_\_\_\_\_

*I authorize Carolina Day School to charge my credit card at the time of registration for all Summer Program fees.*

# GENERAL INFORMATION



## INFORMATION

Libby Roland, Director, 828/210-9141, or [Iroland@cdschool.org](mailto:Iroland@cdschool.org)

## LOCATION

Carolina Day School, 1345 Hendersonville Road, Asheville, NC. We are approximately three miles south of Biltmore Village on Route 25. We can also be reached from the Blue Ridge Parkway, Exit Route 25 North.

## REGISTRATION

To register, submit a completed application and payment for each applicant. Spaces cannot be held without receipt of both the application and exploration fee. Explorations reaching maximum enrollment will be closed and participants will be placed on a waiting list.

## GRADE LEVEL/AGE RANGES

The grade level is determined by the grade the participant will be entering in the fall of 2010.

## PAYMENT

Payment in full is due at the time of registration. Alternate arrangements can be made with the Summer Quest Director. Payment can be made with Visa, Mastercard, cash, or check. There is a returned check fee of \$35.00.

## REFUND/CHANGES POLICY

**A refund must be requested in writing prior to May 11.** Refunds are not given for absences. \$75.00 of the tuition for each participant is non-refundable. For any change in registration after May 11, there will be a \$25 fee.

## HOURS & ARRIVAL

We begin promptly at 9:00 each day. Please be aware that because of field trip plans, participants need to arrive on time and early dismissals may not be possible. Arrive ready between **8:50 and 9:00 each morning.**

## DEPARTURE

Participants must be picked up within 10 minutes of the time their exploration ends,

## SNACKS AND LUNCH

Explorations will break for a morning snack around 10:00, and participants will eat lunch around 12:00. **Please send a snack and a lunch each day.**

## SUNSCREEN and WATER

If needed, participants are responsible for applying their own sunscreen each day. Participants should bring a full water bottle each day.

## CHANGES

This brochure was printed several months before the start date of our summer programs. Due to the possibility of changes in teachers' availability and enrollment levels, we reserve the right to make changes in the schedule when necessary. We will inform you of any changes before the program begins.

## PARTICIPANT CONDUCT

Carolina Day School Summer Programs reserves the right to dismiss, without a refund, any participant whose conduct we deem to be unsafe or inappropriate.

## GENERAL POLICY

Summer Quest does not discriminate on the basis of any characteristic protected under the law.

## GOING GREEN

In an effort to reduce our use of forest resources, all communication will be done via e-mail or phone unless you request in writing that we use regular mail.



# Health Report

**Must be received two weeks prior to attendance along with a copy of your child's current insurance card!**

Camper's Name:	Fall 2010 Grade:	Sex:	Birth Date:
Mother's Name:	Phone: Home	Work	Cell
Father's Name:	Phone: Home	Work	Cell

## Part I. HEALTH HISTORY:

Does camper have any history of the illnesses listed below? If yes, what is used for treatment?

	No	Yes	Treatment
Seizures			
Migraines			
Asthma			
Diabetes			
Heart Problems			
Psychological/Behaviorial			
Food allergies			What?
Allergies			What?

## Part II. IMMUNIZATION HISTORY:

VACCINE	DATE	DATE	DATE	DATE	DATE
DPT					
Polio					
HiB					
HepB					
MMR					
Varicella					
HepA					

Date of disease \_\_\_\_\_

If your child is a **current** student at Carolina Day and immunization records are already on file with the nurse, please check here.

## Part III. EMERGENCY CARE INFORMATION:

Name of camper's doctor	Office Phone
Name of camper's dentist	Office Phone

If neither father or mother (or guardian) can be contacted, call:

Name	Relationship	Phone
Name	Relationship	Phone

## Part IV. GENERAL:

Please check medications you will permit the school nurse to give your child if indicated. If not checked, that specific medication will not be given.

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Acetaminophen (Tylenol)                | <input type="checkbox"/> Antacid tablets (Tums)                                    | <input type="checkbox"/> Throat/cough lozenges |
| <input type="checkbox"/> Antibiotic ointment                    | <input type="checkbox"/> Ibuprofen (Advil)   | (rising 6 and above)                           |
| <input type="checkbox"/> Itch relief lotion<br>(Hydrocortisone) | <input type="checkbox"/> Antihistamine (Benadryl)<br>(for allergic reactions only) | <input type="checkbox"/> Sting relief          |

I understand that medical or accident insurance coverage is required while my child is enrolled in any Summer Program at Carolina Day School. I verify that all information on this form is true and correct to the best of my knowledge. In the event of a medical emergency while my child is attending a summer program at CDS and parents/legal guardians cannot be contacted, the administration has the authority to take whatever action is necessary to assure prompt medical attention. Carolina Day School will not be held financially responsible for emergency transportation and/or treatment of my child. I give my consent and approval for my child's participation in the Summer Program at Carolina Day School. I will not hold Carolina Day School responsible in the case of accident or injury as a result of participation. I understand that no refund will be made if my child is dismissed due to failure to abide by and comply with program rules. I give my permission for my child to be transported in Carolina Day School or YWCA buses for Summer Program activities. Carolina Day School may use photographs of my child.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_