

MIDDLE SCHOOL STANDARD CODE OF DRESS

2008-09 School Year

(Updated 5/21/08 ~ Changes in Red)

Carolina Day School places great importance on an orderly learning environment, and we believe that emphasis on the educational mission of our school is enhanced by reducing student focus and attention on dress and appearance. The goals of the Middle School Standard Code of Dress are to decrease the undue pressure students face to conform to media/fashion-influenced styles and peer-dictated standards of dress, and to make a visible statement about the inclusive culture of our school.

Lands' End is the primary vendor, **but local vendor Read's Uniforms can be used for polos, pants, and shorts as well. It is located at 123 Sweeten Creek Road, Asheville.** Other vendors are viable options for certain items, as stated below.

PLEASE NOTE:

- Read's Uniforms will be the sole vendor for middle school PE shirts and shorts. (See MIDDLE SCHOOL BOYS AND GIRLS below)
- Read's Uniforms is also the sole vendor for Carolina Day School sweatshirts and fleeces, rather than the school store. Beginning in the fall of 2008, only standard Carolina Day School fleeces and sweatshirts, including approved CDS athletic team sweatshirts may be worn by middle school students. This applies both inside and outside school buildings. During cooler weather, students may wear a heavier coat when outdoors. Students may wear raingear of their choice outside on rainy days.

If you have any questions about whether or not your choices meet the Standard Code of Dress, please check with your division principal, especially before making large purchases.

No emblems or labels are allowed on clothing except the Carolina Day School logo, which is optional (with the exception of MS PE clothing). Lands' End and Read's Uniforms provide this logo service.

Only one plaid is acceptable: Hunter/classic navy plaid.

PLEASE NOTE: Specific, updated details of the Standard Code of Dress are available on our website at all times. There also is a link there directly to Lands' End. As new catalogues are published, changes in page and item numbers will be noted on the website.

We have listed below specific page and item letters from the May 2008 Lands' End School catalogue. (The cover of this catalogue pictures three students, one boy and two girls.)

Example of a listing: "LE pg. 6-7 A, B" means that the Lands' End polos on pages 6 & 7, items A and B, are acceptable.

MIDDLE SCHOOL BOYS AND GIRLS

- **Sweatshirts:** Only Carolina Day School sweatshirts can be worn; purchased through Read's Uniforms.
Color options: Red, white, navy, or gray
May not be worn oversized
At times, the CDS Athletic department may approve/purchase specific CDS team sweatshirts. When approved, these sweatshirts may be worn at school by team members only.
Although burgundy is not an approved color, students may wear burgundy CDS sweatshirts purchased previously from the School Store for one more year (2008-09).
- **Fleeces:** Only Carolina Day School fleeces can be worn; purchased through Read's Uniforms.
- **PE Uniforms:** Purchased only through Read's Uniforms. (We suggest two sets per student.)
Short-sleeved gray T-shirt with navy ribbing at collar and sleeve edge
Navy shorts in two lengths
T-shirts and shorts have silk-screened school logo and bar to write student's first initial and last name in permanent marker
- **Shoes:** Purchased through Lands' End or vendor of your choice.
Basic flat, closed-toed shoes (no more than two-inch heels) in neutral solid colors (black, brown, tan, navy) without decoration, large buckles, etc; no dressy thin heels; no sandals or flip flops
Clogs permitted
Athletic Shoes – no bright neon colors; no patterns or prints
We do understand that it is impossible to purchase athletic shoes that don't have some sort of brand identification (Nike, Adidas, New Balance, etc.). We ask that brand identification on shoes be kept to a minimum.
Flat leather or suede boots (tall or short) in black, brown, tan or navy may be worn only under long pants. No dress boots with heels allowed.

MIDDLE SCHOOL BOYS

- **Polo Shirts:** Purchased through Lands' End or Read's Uniforms.
Short-sleeved and long-sleeved; either mesh or interlock
Colors: Red, white, classic navy, chambray blue, maize, black
Must be tucked in
LE pg. 6-7 A, B; pg. 8-9 A, B
- **Turtlenecks & Mock Turtlenecks:** Purchased through Lands' End.
Colors: Red, white, classic navy, maize
Must be tucked in
LE pg. 12-13 C, D
- **Oxford & Pinpoint Shirts:** Purchased through Lands' End or the vendor of your choice.
Short- or long-sleeved
Solid white, solid blue, or solid French blue
LE pg. 50 A, B, C, D, & E
- **Sweaters & Vests:** Purchased through Lands' End.
Crewneck, v-neck, button- or zip-front cardigan
Colors: Red, classic navy, maize, white
LE pg. 10-11 A, B, C, D, E

- **Pants:** Purchased through Lands’ End, **Read’s Uniforms**, or the vendor of your choice.
Khaki, classic navy, or black chinos, twills, or corduroys (no stone or cement colors)
At waist or slightly below; no hip-huggers or low rise; no underwear visible
Flat front, pleated, or elastic;
Must wear appropriate belt with pants that have belt loops;
Cuffed or not cuffed
No cargo, painter, or carpenter pants
LE pg. 46-47 A, B, D; Pg. 48-49 A, B, C, D
- **Shorts:** Purchased through Lands’ End, **Read’s Uniforms**, or the vendor of your choice.
Khaki, classic navy, or black chinos or twills (no stone or cement colors)
Within two inches of knees
Flat front, pleated, or elastic
No more than two outside pockets
Must wear appropriate belt with shorts that have belt loops
No athletic shorts
LE pg. 47 E, F; Pg. 49 E, F
- **Belts:** Purchased through Lands’ End or vendor of your choice.
Simple flat or braided belts in brown, black, navy, khaki, or cordovan
LE Pg. 53 D, E
- **Socks:** Purchased through vendor of your choice.
Crew socks or “half-socks”
Colors: White, cream, tan, classic navy, black, or brown solids
- **Tie:** for dress-up days
Tie color and style are the choice of the parents.
Hunter/classic navy plaid and classic navy solid can be purchased through Lands’ End,
pg. 50-51 G, H.
There are very few dress-up occasions that require boys to wear ties; year-end awards ceremonies and Athletic Awards evenings do require dress-up attire.
- **Navy blazer:** Purchased through Lands’ End or vendor of your choice.
An option for dress-up occasions; shirts and ties without blazers are sufficient for middle school boys for dress-up occasions.
LE pg. 50-51 F

MIDDLE SCHOOL GIRLS

- **Polo Shirts:** Purchased through Lands’ End **or Read’s Uniforms**.
Short-sleeved and long-sleeved; either mesh or interlock
Colors: Red, white, classic navy, chambray blue, maize, or black
Must be tucked in
LE pg. 6-7 A, B; pg. 8-9, A, B; pg. 14-15 A, B, C, D
- **Peter Pan Knit Tops:** Purchased through Lands’ End **or Read’s Uniforms**.
Peter Pan collar with or without ruffle
Colors: White, blue, or maize
Must be tucked in
Pg. 30-31 A, B, E, F, G
- **Button-Down Oxfords or Pinpoints:**
Long-sleeve, short-sleeve
Solid white, blue, **or chamois**
Must be tucked in
LE pg. 28-29 C, D, H

- **Blouses:** Purchased through Lands' End
Oxford, ¾-sleeve, long-sleeve, short-sleeve, woven plain or ruffle Peter Pan
Solid white, blue, or **chamois**
¾-sleeve Oxfords and woven Peter Pan blouses;
May be worn untucked
LE pg. 28-29 A, B, E, F, G
- **Turtlenecks & Mock Turtlenecks:** Purchased through Lands' End.
Colors: Red, white, classic navy, maize
Must be tucked in
LE pg. 12-13 C, D; pg. 30-31 C, D
- **Sweaters & Vests:** Purchased **only** through Lands' End.
Plain or cable knit
Crewneck, v-neck, **turtleneck sweater**;
Button- or zip-front cardigan without hood, fine-gauge cardigan (**no shells**), ruffle-front cardigan
Colors: Red, classic navy, maize, white
LE pg. 10-11 A, B, C, D, E; pg. 32-33 A, C, D; pg. 34-35 B, C
- **Blazer:** Optional in Navy
LE pg. 29 J
- **Pants:** Purchased through Lands' End, **Read's Uniforms**, or the vendor of your choice.
Khaki, classic navy, or black chinos, twills, or corduroys (**no stone or cement colors**)
At waist or slightly below; no hip-huggers or low rise; no tight pants; no underwear visible
Flat front, pleated, or elastic
Cuffed or not cuffed
Cropped pants are an option.
No cargo, painter, or carpenter pants
LE pg. 16-17 A, B, D (crops), E; pg. 18 A, B; pg. 19 C
- **Shorts:** Purchased through Lands' End, **Read's Uniforms**, or the vendor of your choice.
Khaki, classic navy, or black chinos or twills (no stone or cement colors)
Flat front, pleated, or elastic; no tight shorts
Within two inches of knees/Bermuda length
Must wear a belt with visible belt loops
No sport shorts, cargo, painter, or carpenter shorts
LE pg. 19 E
- **Skorts:** Purchased through Lands' End.
Khaki, classic navy, or black
LE pg. 20 B (at-the-knee length only)
- **Skirts:** Purchased through Lands' End only.
Khaki, classic navy, black or hunter/classic navy plaid
Within two inches of knee
LE pg. 22 C, D, E, F; pg. 26 C, D
- **Jumpers:** Purchased through Lands' End.
Khaki, classic navy, or hunter/classic navy plaid
Within two inches of knee
LE pg. 24-25 A, B; pg. 26 A, B (hunter /classic navy plaid)

- **Belts:** Purchased through Lands' End or vendor of your choice.
Girls must wear belts whenever belt loops are visible because the shirt is tucked in.
Simple flat or braided belts in brown, black, navy, khaki, cordovan, or D-ring belt in navy or hunter/classic navy. No other striped, multi-colored, decorated belts.
LE pg. 26 G
- **Socks:** Purchased through Lands' End or vendor of your choice.
Crew socks, footies, knee socks, or tights (no leggings)
Colors: White, cream, tan, black or classic navy
LE pg. 37 E, F
- **Headbands:** New option from Lands' End.
Hunter/classic navy plaid or solid classic navy
LE pg. 26 F

ALL STUDENTS – REGARDING CLOTHING AND ACCESSORIES

- Students are expected to honor the integrity and the intent of the Carolina Day School Standard Code of Dress.
- The administration will make final decisions on all matters regarding dress and appearance that are not specifically stated in this document.
- All clothing should be clean and in good repair.
- Extremes in jewelry or hairstyle are prohibited. Hair should be clean, neatly groomed, and away from the eyes. If worn, jewelry and hair accessories (in appropriate school colors) should be small and simple. No large or long necklaces/earrings; no large bracelets or rings; Visible body piercings (other than earrings) and tattoos are unacceptable.
- Make-up, if used, must be simple and natural.
- No caps and no hoods can be worn inside buildings.
- No visible undergarments, tank tops, camisoles.
- Appropriate clothing for dress-down days will be communicated to parents and students prior to the dress-down days.
- The school will give each student a red or blue intramural shirt at the beginning of the year.
- No student bookbags or handbags/purses are allowed in the classrooms. These items must be kept in the student's locker.