



## ULTIMATE BOOK CLUB OUTING

WHO: KEY 5<sup>th</sup> grade  
WHAT: Ride the VIRGINIA CREEPER TRAIL  
WHEN: MAY 22<sup>nd</sup> 2008 (Thursday)  
8:00 AM Departure  
6:00 PM Back at CDS  
WHERE: DAMASCUS, VIRGINIA

Students should arrive at 8:00 a.m. that morning to load the bus, and we will depart at 8:15 sharp. We'll be arriving in Damascus, VA at 10:30 a.m.

SunDog Outfitters will provide bike rentals, helmets (if you need one), and bottled water for all students. They will also be providing a shuttle to the top of White Top Mountain so that we can begin our ride down. The ride is all down hill for 17 miles through beautiful wooded areas crossing 33 bridges over streams and rivers. It will take approximately 4 hours to complete the ride with plenty of stops for breaks and snacks.

Half way down the trail there is an eatery called the Creeper Trail Café where we will stop for lunch. Please be sure your child is dressed **warmly** in layers, White Top Mountain can be **cold** in the morning!

### List of things to bring:

Cash for lunch/souvenirs (\$10.00)

Bike Helmet

Sunscreen

Personal Snacks (trail mix, power bars, beef jerky, etc.)

Small back pack or camelback to carry snacks

Dress warmly in layered clothing, light rain jacket, and sneakers (no flip flops.)